

VALUES IN TIME: SPRING MILL FOLKLORE

By Michael L. Rogers

GRADE LEVEL: Elementary

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VALUES

IN

TIME

FOLLY

SPRING
MILL

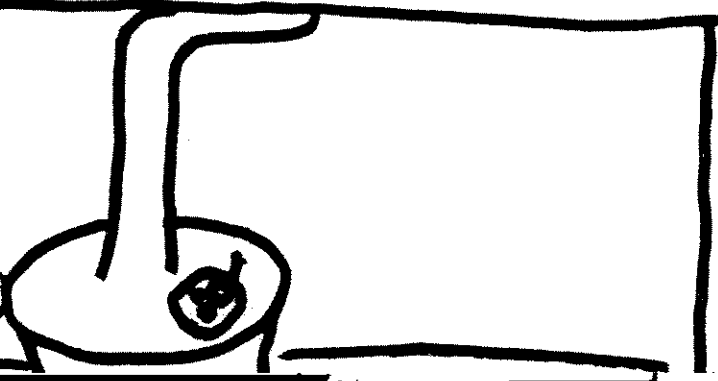


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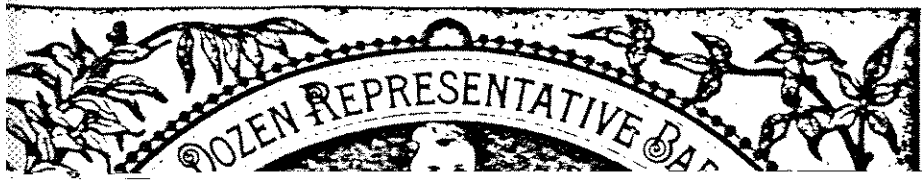
EDITOR'S COMMENT

EDITOR'S COMMENT

These pages that you are about to read contain information handed down by parents, grandparents, relatives and friends of the students enrolled in the fourth grade at Spring Mill School.

This magazine started with the students' concern that their favorite stories, which have

To this purpose, we have worked long hours to save "Values in Time" in the hope that



SORE THROAT

Betty Corcoran, grandparent of fourth grader Kelsey Corcoran at Spring Mill, shares a home remedy with the writers of "Values in Time." The remedy is for a sore throat, chest cold or cough.

of salve. In the old days, they would use lard. You put the lard on the rag. Then you put fresh nutmeg on top of it. If you have a sore throat, you put this around your neck like

Pina Friedman, aunt of Michael Nediano, shares home remedies and superstitions for the "Values in Time" book. She was born in Bucharest, Romania on July 29, 1921.

HEADACHE - Cut a few potatoes so that the potatoes are thinly cut. Wrap the sliced potatoes in a cloth and then put the cloth on your forehead.

COUGH - Use a little water and add a few onions and sugar. Boil until the mixture is thick just like a syrup. Drink.

INFECTION - Bake an onion and apply it as hot as possible to the infection. Put a bandage around the finger and the puss will come out.

DIARRHEA - Boil some rice and drink the water after it thickens or drink hot mint tea.

SUPERSTITIONS

When a baby is born a red ribbon is placed in the crib or carriage. The red

"After visiting with, "Grandma," said Mike Goldberg, "I found remedies that are worse than those of today but they probably work better." Here goes:

COUGH - Heat some lemon juice, honey and sugar. Drink slowly

Messy, but does the job.

DIARRHEA - Drink some blackberry wine.

SORE THROAT

Donated by Mrs. Hehsoo Suh, the parent of Christine Suh, Spring Mill fourth grader,

the following remedy should work every time if you have a sore throat

AVOID A COLD

Mary Elizabeth Crook lives in the town of Kokomo, Indiana. Growing up on a farm in the central part of the state has given her a rich and full life. Her grandson, David, a fourth grader, interviewed her about how to keep from getting a cold.

One of the home remedies we had, you wouldn't believe!! When we were young, we would have to wear the most horrible thing around our neck! It was a bag of asifedity

NEEDLEPOINT

NEEDLEPOINT

did you become interested in this?

These are all questions we heard as the granddaughter of Mrs. Margaret Carr, Cass County, Indiana tries to find out about the skill of needlepoint.

"I've watched people do it and it looked like fun," Mrs. Carr stated. On the following day, she brought out the canvas and yarn and started to work.

**OLD GAMES
AND HOW TO PLAY THEM**

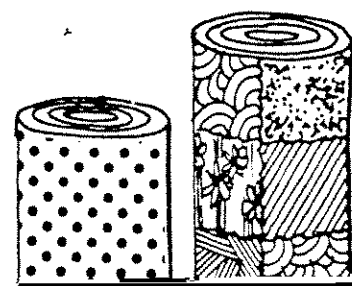
Everybody stands in a ring. Somebody outside the ring has the handkerchief. He/she runs around and drops it behind somebody. That person has to pick it up quickly and drop it behind someone else. The first one who had it has to step in his place.

There are two sides. There is a brick between the sides. You have to run out while the other side tries to catch you. If you can get to the base and back you win.

DA CHIH

Felix Jung, fourth grader at Spring Mill found a game that his grandfather played.

The game, Da Chih, means strike with rule footage. It was popular in his



QUILTING

My name is Mrs. Susie Miller. I was born in Middlebury, Indiana, in Elkhart County.

quilt. Then, I pin this cloth on a quilt frame. Then I mark this off in diagonal lines and quilt it.

I learned to do this skill from my mother years ago.

I learned this because I thought it was a worthwhile project. I've been doing this for 35 years. Before I learned this skill, I liked to do needlepoint and embroidery.

... and piece them together into a quilt top. After

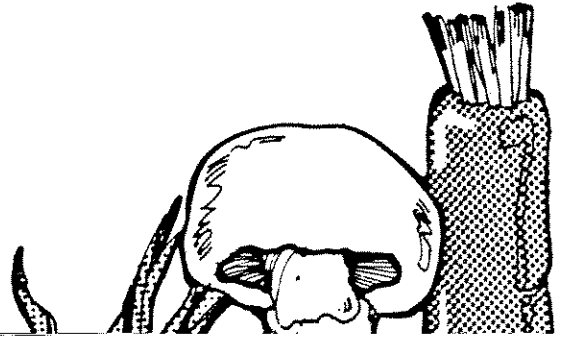
QUILTING

Quilting is done by a method of sewing three layers of fabric together with a small running stitch. Pat Shideler learned to do this skill from her mother and grandmother. Pat was born in Indiana and is the grandmother of fourth grade student Kim Shideler.

Pat Shideler learned this skill because she thought it looked interesting and it

was useful for bedding. She has been doing this skill for 57 years. Before she learned

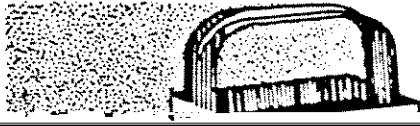
RECIPES



MACRONATHA

My mom loves to cook! When she was a little girl she watched her mother and grandmother cook delicious fresh foods. She knew that when she grew up she wanted to

MACRONATHA
(Chicken & Macaroni)



SUET PUDDING

Suet is the firm white fat of the loin and kidney regions of beef and is highly prized for

Suet Dough

Suet

2 C dry, stale bread crumbs

$\frac{1}{4}$ C sugar

1 C finely ground or chopped suet

Milk to make a stiff dough (about 1 C)

Combine all dry ingredients and suet. Mix in egg and milk. Use the dough to make any of

CREAM PUFFS

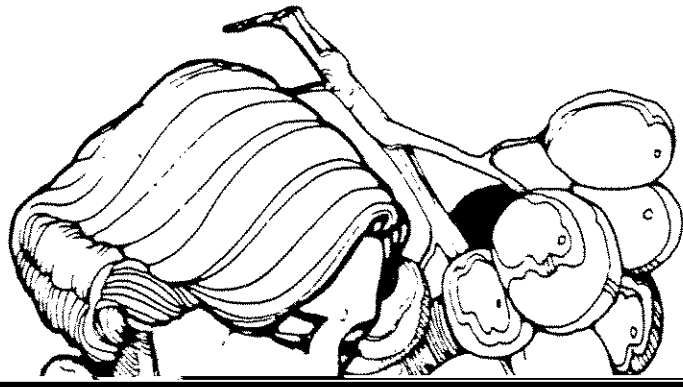
Susan Dwyer had the opportunity to visit her aunt, Mrs. Maria Gruller, in Wisconsin over the Christmas holidays. Mrs. Gruller told Susan how to make Cream Puffs. Try 'em! You'll love 'em!

$\frac{1}{2}$ C butter

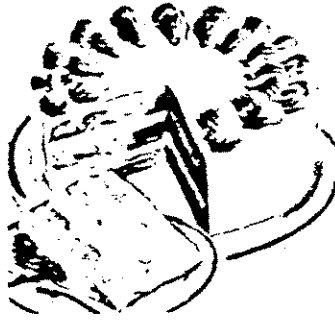
1 C water

1 C flour

4 eggs (add one at a time and beat)



FRUIT COCKTAIL PUDDING CAKE



1 C sugar

1 C flour

1 egg

1 can fruit cocktail

1 Tsp. baking powder

Combine all ingredients and pour into 8x8 pan. Then bake at 350°. After baking,

Donated By: Bernice Raver, age 82

Reported By: Kelsey Corcoran, age 9

BUTTER COOKIES

- 1 C sugar
- 2 C flour
- 1 C butter
- 1 Tsp. vanilla
- 3 egg yolks
- 1 Tsp. cream of tartar
- 1 Tsp. baking soda
- 1 Tsp. salt

Cream sugar and butter. Add remaining ingredients and roll dough into little round balls. Place on ungreased cookie sheet and lightly press down thumb into center. Place cherry in center. Bake at 350° until light brown. Watch carefully to avoid burning. Bake about 15 minutes. Makes about 5 dozen medium size cookies.

Donated By: Deedra Runyan

Reported By: Cara Johannesen

OLD ENGLISH "SHUGAR COOKIES"

Echo Seedorf ran across a great recipe for "Shugar Cookies" when she visited with her "Great Grandmother Pooky." Another wonderful recipe!

2 C shugar

1 C shortening

2 eggs (beat 50 strokes)

1 Tsp. soda

1½ Tsp. salt

½ Tsp. nutmeg

4 C flour

Preheat oven to 350°. Cream shortening and add sugar, eggs, nutmeg, soda, and

APRICOT ROLACKY - LITTLE COOKIE

1-8 oz. pkg. cream cheese

$\frac{1}{2}$ lb. butter

2 C sifted flour

Apricot filling

cheese together. Add flour a little at a time until it forms a smooth ball. Cover bowl and refrigerate overnight.

Next day: Roll out a small piece of dough on a floured surface. Use diamond shape cookie cutter or a juice glass to cut shapes.

Put a small amount of apricot filling in the middle. (Only use a little because it

CHOCOLATE SWIRL COFFEE CAKE

1/3 C flaked coconut

1/4 C chopped nuts

1/4 C sugar

3 Tblsp. melted butter or margarine

2 C Bisquick baking mix

1/4 C sugar

1 egg

2/3 C water or milk

1/3 C semisweet chocolate pieces melted

FAMOUS APPLE PIE RECIPE

My name is Mary Elizabeth Crook. I was born in Carroll County, Indiana. My skill

SWEDISH RICE PUDDING

2½ C cooked white rice
3½ C half and half cream
3 eggs beaten
¾ to 1 C sugar
¼ Tsp. salt
1 Tsp. vanilla
1 Tsp. freshly grated nutmeg

Stir together all ingredients mixing well. Pour mixture into a buttered casserole.

~~Place casserole in a larger shallow pan with hot water. Water should come to the 1/2~~

the depth of the casserole. Bake in 350° oven for one hour.

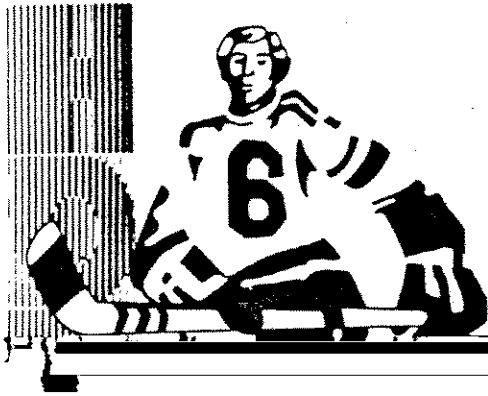
Donated By: Mrs. Victor Olson

The game of hockey is over a hundred years old. Around the turn of the century, it was played with seven players to a side. The seventh player was called the Rover. He was all over the ice.

Today, they have six players to a side. In Canada, you start playing organized

plastic in it.





INTERESTING TID BITS

you should try, but this story is one you will always remember.

My great grandmother's great aunt Sarah was abducted by Brigham Young. He was president of the Church of Latter Day Saints. Also, he was governor of Utah from 1851-

LIFE HISTORY

NEIGHBORS ARE MORE INTERESTING THAN YOU THINK

My neighbor, Mr. Coy, was born in Adams, Indiana. He attended high school and college in Franklin, Indiana. He married Kathryn Evans while they were still in college.

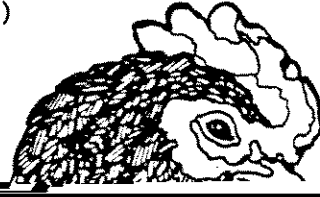
After graduation, he worked for the Indianapolis Chamber of Commerce for five years.

Then he worked forty years for Eli Lilly Company.

While with Lilly, Mr. Coy went to India to help import Rhesus monkeys so the children could get vaccinated against polio. Mr. Coy's company received 85% of the vaccine.

OLD CHILDHOOD STORIES

CHICKEN DINNER
(Not as easy as today)



REMEMBERING A CHILDREN'S STORY FROM LONG AGO

We once again thank Bernice Raver of Logansport for another fine contribution to "Values in Time."

"The Little Match Girl" tried to sell matches. No one would buy them. It was cold. She walked the streets until she gave up. She stepped in a doorway of a store. She lit all the matches in order to keep warm. They found her dead.

Donated By: Bernice Raver

Reported By: Kelsey Corcoran



TROLL COLLECTION



Interviewed by David Roth, Mr. Victor Olson, who came to the United States from Saskatchewan, Canada, knows more about trolls than anyone we know. He has one of the largest collections of trolls and feeds them anything they want. Read and enjoy one more great article from "Values in Time."

Mr. Olson says that in order to collect trolls, you have to investigate into the different parts of the United States and different countries of the world to ascertain

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what their trolls, tomtes, nisses and gnomes are all about.

In order to tell troll stories, you have to listen to the folklore tales that have been handed down from generation to generation and make a record of that, so you can accumulate a number of stories about the trolls.

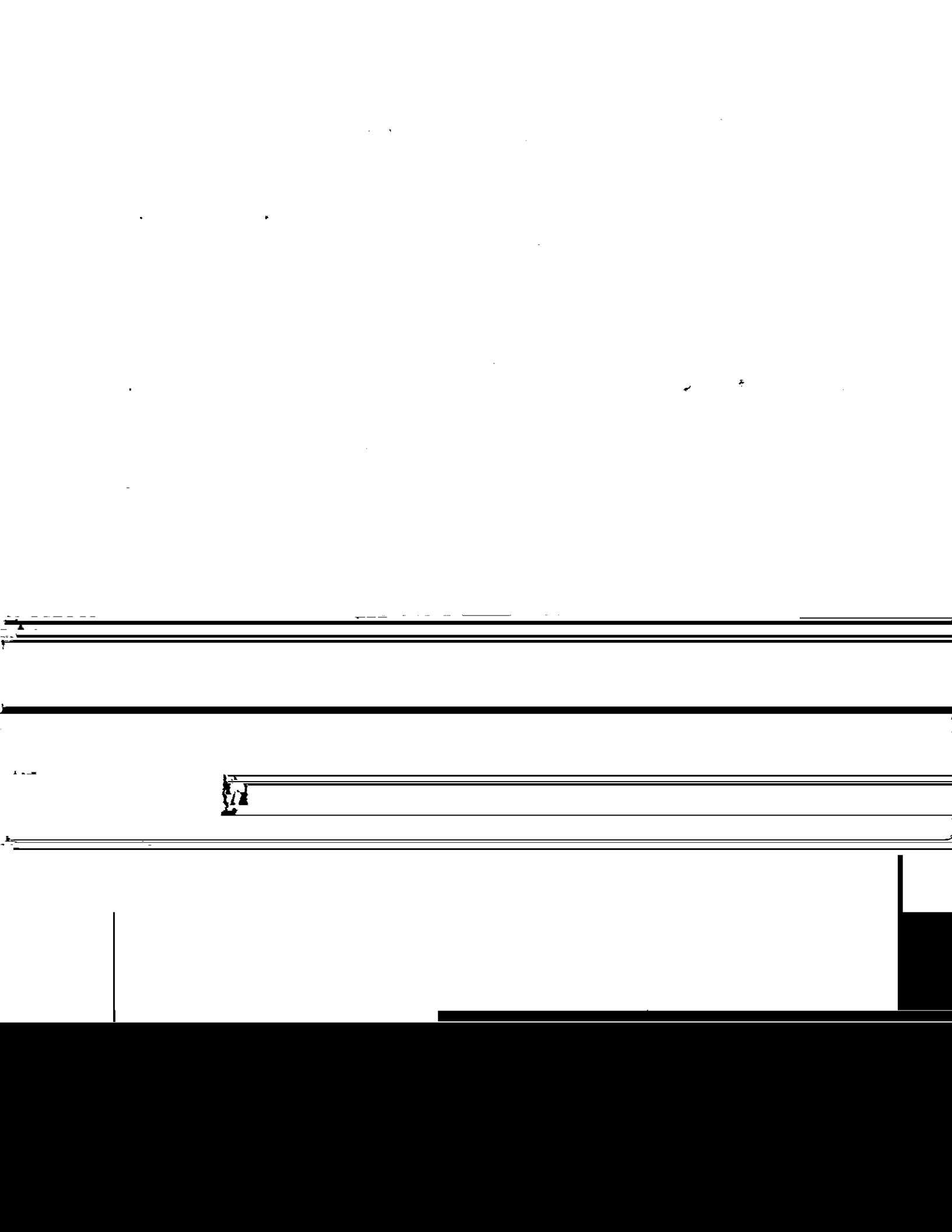
Mr. Olson is of Swedish descent and has heard the Scandinavian stories of trolls.

OLD STONE HOUSES

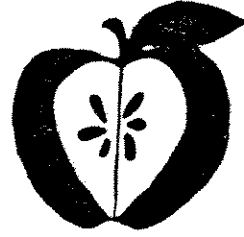
OLD STONE HOUSES

Grandma Corcoran remembers the stories about the Grenick Brothers who came from Germany to Logansport over two hundred years ago. The brothers built stone houses which stand today in the town of Logansport. Read carefully as Grandma Corcoran retells the past:

"The old stone houses take up one whole block. The Grenick Brothers both had jobs. One was a stone mason and the other was a butcher. The two brothers dug in the ground and got huge stones out and cut them. They built a huge building where they butchered animals. They also raised cattle. The butcher butchered animals and delivered the meat to people in the city. They also planted fruit trees which became orchards.



THE ONE ROOM SCHOOL



On a holiday to Florida, our young reporter talked to her great uncle, Jim Scamahorn, about a one room school he attended near Rockport, Indiana:

"The name was Magill School House. It went through eighth grade. I was five and a half then. We walked about a mile and a half to school. The teacher's name was Edith Strawzell. We used chalk on the board. We studied English, drawing and seemed

WHITTLING

WHITTLING

to Sub Scout Pack 18, Den 5, before Christmas, 1992. Walker was an interest 1/1/1

WOODWORKING

WOODWORKING

Then he takes the wood to his garage to season it. He lets the wood dry for one

cut it to the proper length and square the surfaces with his planner. He sands the wood to make it ready for the project. Grandpa Ray said that the beauty of the wood grain shows when the lumber is properly prepared.

The next step is to study the project pattern. It is very important to understand the instructions. A person needs to know what tools are needed.

More advanced projects call for dove tail joints or rabbit cuts. Some would require

money. He likes trees so much that he has raised favorite kinds. He even travels to state parks to identify trees. Working with something God has created gives him fulfillment. Now being retired, he finds it a very practical hobby. Grandpa Ray, for these reasons, finds woodworking worthwhile.

Donated By: Ray Sramek

Reported By: Peter Sramek